a financial education series for employees

## MetLife

## Investing 101

Small Steps Can Make a Difference


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## Today's Agenda

Saving vs. Investing
Investment Basics:
© Cash
$\square$ Bonds
© Stocks
Mutual Funds
Asset Allocation

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## Today's Agenda

What would you like to get out of today's session?


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What is the Difference Between Saving and Investing?


## Saving



## Investing

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## The Long and the Short of it



## Saving

Putting money aside in a safe place for short-term needs-like a bank account or a money market fund


## Investing

Putting money aside in an effort to realize higher returns

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## The Basics



## Cash Equivalents



Bonds


## Stocks

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## Cash Equivalents

## Easy access to your money

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Investment that typically earns a fixed interest rate

- Savings accounts
- Certificates of Deposit (CDs)
- Treasury bills

Preservation of principal
Subject to inflation risk

Investment Products are not...

| - Not FDIC / <br> NCUSIF insured | - Not a Deposit <br> Product | - May Lose <br> Value | - No Bank/ Credit <br> Union / Affiliate Guarantee |
| :--- | :--- | :--- | :--- |
| - Not a Condition of Any Bank/ Credit <br> Union Service | - No Guarantee of Insurance Underwriter <br> Performance |  |  |

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## Inflation in Action



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## The Impact of Taxes + Inflation

CD Rate minus Taxes minus Inflation = Real Rate of Return


Source: 6-month secondary market CD, Federal Reserve Board-Bureau of Labor Statistics - Inflation rates Tax rates - median rate for married filing jointly - Tax Foundation Stocks are represented by the S\&P 500 Index; Bonds are represented by Barclays Capital Aggregate Bond Index. Cash is represented by the 30-Day Money Market Index and Inflation is represented by the Consumer Price Index. Indexes are unmanaged and not available for direct investment.

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## Bonds

## Investor loans money in exchange for principal plus interest



Subject to interest and credit-rate risk


Income is fixed, value is not


Bond prices usually decrease as interest rates rise


Bond prices usually increase as interest rates decline


Lower volatility than stocks

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Moderate income opportunities


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## Maturity of Bonds



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## Stocks

## Represent ownership in a company



Small-cap, mid-cap or large-cap and international stocks

- Subject to market risk
- Growth potential



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## Stocks Are Volatile, Long-Term Performers

Major Asset Classes, Annualized Returns

This chart shows the performance stocks, bonds, cash and inflation over various periods since 1926


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## A Lot of Bull



Increase in stock prices (Bull Market) is generally the result of:


Strong economy
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Low inflation/low interest rates
$\Rightarrow$ Positive corporate earnings

$\rightarrow$
Strong cash flows
$\Rightarrow$ Low unemployment

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## Grin and Bear It

Decline in stock prices (Bear Market) is generally the result of:

E Slowing rate of earnings growth
H High inflation/high interest rates
I Increased consumer debt
Climbing unemployment


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## Types of Market Downturns

## Correction?

## Speculative Bubble?

## Crash?



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## Types of Market Downturns

## Correction

Sudden drop of 10\%

## Speculative Bubble

Prices at unsustainable high levels

## Crash

Sudden drop of $20 \%$ or more


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## What Should You do if the Stock Market Drops?



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## How to Stay Focused When Your Stock Drops

Tips for responding to stock market volatility:
Don't Panic

Carefully consider choices before shifting investments; moving at a low point can lock in losses

Remember: Saving for retirement is long-term, designed to weather the market's ups and downs


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## How to Stay Focused When Your Stock Drops

## 7 Years or Less <br> Until Retirement

- Adjust your strategy to provide a larger degree of stability
- Estimate retirement income needs
- Analyze retirement distribution options


## 15 Years or More Until Retirement

- Maintain focus on long-term growth
- Consider adding more conservative fixed income investments to your portfolio
- Supplement retirement accounts with IRAs


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## Mutual Funds

Liquid investment that pools money from many people and invests in stocks, bonds or other securities.

Shares represent proportionate ownership in the fund, which pursues specific investment objectives.


Professional management


Diversification
Liquidity


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## Four Basic Types of Mutual Funds

## Stock (Equity) Funds

- Growth, aggressive growth, global, specialty


## Balanced Funds

- Growth and income from stocks and bonds


## Bond and Income Funds

- Government, municipal, corporate, high-yield (junk bonds)


## Money Market Funds

- Cash, short-term income and savings


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## Fund Management Styles



## Active

Manager uses research and market forecasts to try to beat the market


## Passive

Manager invests in the same securities that make up the target index

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## Investment Disciplines



## Blend Funds

Combine value and growth investments

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## Asset Allocation Strategy



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## How Asset Allocation Helps Investors

## Reduce risks

Achieve more consistent returns

## $\nabla$ <br> Decrease volatility

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## Minimize Your Risk with Diversification

## Spread your investments across different asset classes:

Bonds


Cash


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## Use Time, Life and Risk as Your Guide

| Time Horizon | Sensitivity to Risk |
| :---: | :---: |
| -When will I need the money? | - Investment Risk <br> - Inflation Risk <br> - Interest Rate Risk <br> - Retirement Shortfall Risk |
| Life Events | Personal Financial Situation |
| - College <br> - New Home <br> - Medical Care <br> - Starting a Family | - Marital Status <br> - Income Level <br> - Other |

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## Creating a Long-Term Financial Strategy

$\Theta$
Retirement savings programs

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After-tax investments

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Life insurance

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College funding

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Long term care insurance

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## Today's Agenda

What would you like to get out of today's session?


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## Questions?

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## Mutual Funds

Mutual funds are sold by prospectus only, which is available from your registered representative. Please carefully consider investment objectives, risks, charges, and expenses before investing. For this and other information about any mutual fund investment please obtain a prospectus and read it carefully before you invest. Investment return and principal value will fluctuate with changes in market conditions such that shares may be worth more or less than original cost when redeemed. Diversification cannot eliminate the risk of investment losses.

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## Tax Rates

Any tax rate used in these charts is a hypothetical tax rate as it might apply to one's marginal taxable income. Your actual income taxes in a given year may be higher or lower and can vary from year to year depending on your income level, sources and types of income, tax deductions, tax credits, state income taxes, applicability of Alternative Minimum Tax (AMT), and other factors that affect your tax rate. Tax laws are subject to change.

Currently reduced income tax rates apply to Long Term Capital Gains and certain eligible Dividends. Distributions from TSAs do not qualify for these reduced income tax rate. When you take distributions from an annuity all or a portion will be taxed as ordinary income and there may be an additional 10\% federal tax penalty if you are under age $591 / 2$.

Accordingly, to the extent that the taxable account generates long-term capital gains and dividends, the effective tax rate may be significantly lower than the ordinary income tax rate applicable to the taxable portion of payments and withdrawals from annuity contracts. Currently, this reduction is set to sunset after 2010. Additional fees and charges on the actual investments selected would have the effect of reducing performance.

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