# LIVING A GOOD LIFE



# The most important thing is to enjoy your life - to be happy - it's all that matters. ~Audrey Hepburn~

### In the end, it's not the years in your life that count. It's the life in your years. ~Abraham Lincoln~

Life's most persistent and urgent question is, 'What are you doing for others?' ~Martin Luther King, Jr.~

I would like to be remembered as a man who had a wonderful time living life, a man who had good friends, fine family - and I don't think I could ask for anything more than that, actually. ~Frank Sinatra~

Open your eyes, look within. Are you satisfied with the life you're living? ~Bob Marley~

Life is what we make it, always has been, always will be. ~ Grandma Moses~

#### We just have to go to that next class, read that next chapter, help that next person. You simply have to do that next good thing, and before you know it, you're living a good life. ~Andrew Clements~

Life comes from physical survival; but the good life comes from what we care about.  $\sim\!\!Rollo$  May $\sim\!\!$ 

# I don't believe people are looking for the meaning of life as much as they are looking for the experience of being alive. ~Joseph Campbell~

The shoe that fits one person pinches another; there is no recipe for living that suits all cases. ~Carl Jung~

Step with care and great tact, and remember that Life's a Great Balancing Act. ~Dr. Seuss~

## The purpose of our lives is to be happy. ~Dalai Lama~



Supported by Caterpillar Health and Wellness Program

